

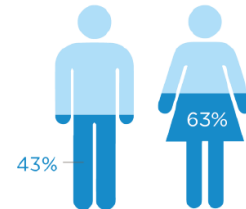
The Healthcare Provider's Role in Suicide Prevention

RISE IN SUICIDE IN AMERICA

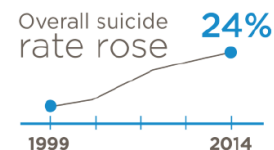


New York Times (April 22, 2016)

Rise in suicide rate for middle-aged men and women (45-64)



Findings from National Center for Health Statistics found increase in suicide in **every age group except for older adults**



Suicide rates among Americans across all age groups have increased over the last two decades. According to [a report from the United States Centers for Disease Control and Prevention \(CDC\)](#), the rate of suicide has increased by 24% between 1999 and 2014. In Virginia, the Department of Health reports that the [number of suicide deaths](#) has steadily risen over the last twenty years with no indication that the issue is specific to any particular age group, gender or race.

Additionally, there is a noticeable link between suicide and recent primary care visits.

SUICIDE DEATHS & PRIMARY CARE VISITS



Many individuals who die by suicide have recently had a primary care visit

45%

1 Month

20%

24 Hours

73%

Elderly - 1 Month

Below are resources to help assist Virginia healthcare providers in preventing suicides.

Continuing Education

The following Continuing Education Units (CEUs) are available for Virginia's healthcare providers who want to learn more about suicide prevention in a clinical setting.

[Recognizing and Responding to Suicide Risk \(RRSR\)](#)

[Suicide Prevention Toolkit for Rural Primary Care Practices](#)

[Counseling on Access to Lethal Means \(CALM\)](#)

[Preventing Suicide in Emergency Department Patients](#)

Prevention Resources

The following resources are available to healthcare providers for download, distribution and reuse.

- 1) The Virginia Department of Health has [a variety of online resources](#) for healthcare providers that deal with suicide prevention, including links to pamphlets and online courses.
- 2) [Zero Suicide](#) is a project of the Suicide Prevention Resource Center, provides steps and informational videos including a toolkit specifically for physicians on suicide prevention plans. The contents were produced by the Clinical Care and Intervention Task Force of the National Action Alliance for Suicide Prevention.

[Download a Printable PDF](#) | [Share This Page With a Colleague](#)